



Welcome to Camp Attitude!

We are thrilled to invite you to participate in a week of ministry with us this summer.

We are located on 41 acres of forested land. The property borders the South Santiam River and is a few miles from Foster Lake. The property is designed to meet the needs of individuals with disabilities by offering fully adapted cabins, yurts and bathrooms, paved trails, and adapted activities.

Camp Attitude's number one commission is to have the same attitude as Jesus Christ (Philippians 2:5). We do this, in part, by showing kindness to those who face disabilities and embracing their families. Our prayer is that our camper families will see God's grace and acceptance through our love for them as they also have the experience of a lifetime, create lasting memories, and cultivate lifelong friendships through a week of summer camp at no charge.

As a Buddy or Servant at Camp Attitude, you are given the privilege of representing the character of Bible believers in both conduct and attitude. You are the example of Christ to our camper families!

Included in this document, is all you will need to know for your week (or more) serving at Camp Attitude. Please read each item thoroughly!

Take note that if you are under 18, your parent or legal guardian will need to digitally sign our liability documents. I've included them in this packet if they would prefer to submit a paper copy.

If you have more questions, feel free to reach out to your church leader or the staff at Camp Attitude.

Stacy Foster, Executive Director  
[stacy@campattitude.com](mailto:stacy@campattitude.com)

## Important Information

### **Check-in**

Volunteers are welcome to arrive Saturday evening between 5 and 7pm. Please eat dinner before you arrive. No early check-in unless your church has made previous arrangements.

### **Check-out**

Check out time will be on Friday afternoon after tent city and volunteer cottages are cleaned; unless your church made previous arrangements. Lunch (leftovers) will be provided.

### **Food**

Due to many nut and peanut allergies, we are a "Peanut and Nut Free" campus. Thank you for your consideration of this policy.

Camp Attitude provides special diet options for individuals who are gluten-free or dairy-free only based on medical requirements.

Our Food Service Manager would like to make sure he has a notice of all food allergies (not food dislikes) on file. If you have significant food allergies, please make a note of it on your registration form.

### **Housing**

Buddies stay in Tent City. This is a cluster of camping tents and mattresses or cots that are provided by Camp Attitude. Servants will be in tents or volunteer cottages.

There are hook-ups for personal camper trailers if you desire to bring your own housing. If you did not make note of it on your registration form, please notify Stacy if you are bringing your own RV.

Please bring your own bedding, sleeping bags and pillows. *The evenings can get very chilly, even in August, so plan to bring extra blankets!*

### **Activities & Weather**

Daily schedules will be given to you when you arrive. We have activities and meals planned for each day. Our schedules are subject to change with every week.

The typical weather at camp during the summer is 70-90 degrees during the day and around 45-50 degrees at night. June and the first part of July can sometimes be cool and rainy. Plan to dress in layers and check the weather in Sweet Home, Oregon to see if a raincoat may be needed for your week. Sweatshirts will be available for purchase at our camp store, the Smiley Shack, throughout the week.

### **Water Play**

We will spend an afternoon boating, jet skiing, and tubing at Foster Lake (about 5 miles from camp). There is a swimming area at the lake where the kids can play while waiting for rides. Life jackets are required for riding in the boats. If you have one, please bring your own life jacket. They will also be provided.

*To participate in Lake Day Activities, you will need a signed **Lake Day Waiver**. If you are under 18, this waiver must be signed by your parent or guardian before you come up to camp!*

*Please bring modest bathing suits, sunscreen, water shoes, and beach towels for these activities.*

## Sickness

The health and safety of our campers and volunteers is a priority for Camp Attitude. We will follow the Oregon Health Authority's requirements for all pandemic related regulations. At this time, there is no limit to group size, testing, or vaccine requirements.

Please remember that we are serving many individuals who are immuno-compromised. If you or a family member are diagnosed with any communicable disease within seven days of your arrival date, please notify your leader or Camp Attitude's director, Stacy Foster at [stacy@campattitude.com](mailto:stacy@campattitude.com). *If you, or a family member are feeling ill, please stay home.*

## Driving Directions

From I-5, take exit 228 OR-34. Head east on Hwy 34 towards Lebanon. Continue east on Hwy 34 to Hwy 20. Turn Right (east) through Lebanon and Sweet Home. When you see Foster Lake on your left, just outside of Sweet Home, you are approximately 3 ½ miles away. Stay on Hwy 20 until you reach mile-post 36. You will see Camp Attitude on your left.

Destination Address:

45829 South Santiam Hwy  
Foster, OR 97345

## Packing List

- Bible
- Signed Forms (if they were not completed digitally)
  - Authorization and Liability Release Waiver
  - Lake Day Waiver
  - Code of Conduct
- *Warm Bedding* (It gets very cold at night, please be prepared)
  - Sleeping bag
  - Blankets
  - Pillow
- Flashlight
- Watch
- Clothing needed for your stay. Please refer to the section titled "dress code" for guidance
  - Be prepared for rain and cool weather. It's Oregon!
- Water shoes for the lake and water play
- Cash for items from the "Smiley Shack"
- Paper, pen, and journal – you will want to record your memories.
- Good shoes — you will be doing a lot of walking.
- Sunscreen & Sunglasses
- Bathroom Supplies
  - Toothbrush
  - Soap
  - shampoo, conditioner
  - shower towels
- Beach Towels
- Modest Swimsuits

## **Frequently Asked Questions**

### **What is a Buddy?**

Our Buddy volunteers are paired with a special needs camper or the young sibling of a person who has special needs. You get to spend the week together, participating in various activities like tubing, laser tag, talent show, water fights, and more! We believe one week as a Buddy will change the way you look at the special needs community. This impactful and powerful time often changes your life. It is not something you want to miss!

### **What is a Servant?**

Servants are our behind-the-scenes heroes that spend their days preparing meals, cleaning cabins, doing dishes, cleaning bathrooms and everything else to help make camp run smoothly!

### **What is the ministry behind this role?**

At Camp Attitude our purpose is to have the “same attitude as that of Christ Jesus” as Paul instructed in Philippians 2:5. Our goal for every volunteer is to give you the opportunity to serve others by loving them as Jesus loves us. Christ’s love for ALL people is countercultural, and when our camper families get a real encounter with His love they are forever changed.

### **Do I need any experience?**

No experience is needed just be ready and willing to serve and we will show you the rest!

### **Do I need to be a Christian?**

Our mission is to connect campers to Jesus. We ask all our volunteers to have a relationship with Jesus Christ.

### **Will I be staying overnight by myself with my camper?**

No. Every camper comes to camp with at least one guardian who will stay in the cabin with them overnight.

### **What is the cost?**

We ask all our volunteers to play a \$30 per person registration fee to re-coup processing and background check fees. Then when you get to camp, we ask for \$120 to cover the cost of food and a t-shirt. We offer a discount for multiples! If you are a couple, the cost is \$250, and it’s \$350 if you are serving with your whole family.

### **What does a typical week look like?**

- Saturday evening is volunteer check in. We spend the evening getting settled and make introductions.
- Sunday, we have church service and some training meetings, and then Camper Families start arriving from 1-4pm! During this time, we help families unload their luggage. As this happens, you will gradually begin to find campers and siblings and hang out with them. This helps families feel welcomed, and it starts the process of pairing Buddies with Campers.
- On Monday morning we match Buddies with Campers or siblings for the week, and we jump into a fun filled day of horseback riding, fishing, playing sports and water wars. Monday-Thursday you are with your Buddy and their family from 8:00am to 8:00pm, and with so many activities to do, the days will fly!
- Tuesday is Lake Day, so we spend most of the day down at the lake tubing, kayaking, and swimming.
- Wednesday and Thursday are like Monday with more activities, and Thursday evening we host a Talent Show where Buddies get to help their Camper shine in the spotlight.
- Friday the families check out at 11 am and then the buddies check out later that afternoon.

### **How do I get paired with a Buddy?**

You will be paired with your camper on Monday morning at breakfast! To pair our Buddies, the staff observes friendships that begin to develop on Sunday. We pray together and try to make a great match! This is a process we attribute to God’s perfect will, because by Friday the friendships that are made are something He had planned all along.

## **Volunteer Code of Conduct**

These guidelines are intended for all volunteers who will serve at Camp Attitude.

### **Dress Code**

The personal appearance of our volunteers are important both as a role model for campers and as a representation of Camp Attitude and the Biblical values we uphold. Camp Attitude appearance policies are not intended to make value judgments on staff members or other individuals. All aspects of personal appearance are subject to the approval of your group leader and/or Camp Attitude's Directors regarding appropriateness.

Each day volunteers should be clean and neat in dress and appearance as well as personal hygiene. Ragged or holey clothing and clothing with messages that may be deemed inappropriate for a Christian camp shall not be worn. Feet must be always protected by shoes or sandals, other than in swim areas or on the dock.

The daily volunteer uniform consists of a volunteer t-shirt (provided by Camp Attitude) and shorts, pants, jeans, or skirt. Shorts and skirts must be an appropriate length. Do not make modifications to camp shirts.

Eccentric make-up, hair, nail polish, and jewelry is not allowed.

Ladies:

- When we do water activities, please wear a modest bathing suit that covers your rear-end, cleavage and midriff. Staff will ask you to cover up if your suit is inappropriate.
- No low-cut shirts, or short shorts
- Very tight clothing, such as pants or shorts made from spandex should be avoided, or worn with a shirt that covers your entire rear-end

Gentlemen:

- Your camp t-shirt is to be worn at all times
- No underwear will be showing above your pants or shorts
- Keep shorts at an appropriate length
- Facial hair should be groomed and kept clean

### **Volunteer Relationships**

Your time at Camp Attitude is not to create romantic relationships. All associations with volunteers must be kept within Christian standards, remembering that visual examples are an essential ingredient in witnessing to others.

Volunteers should be sensitive to placing themselves in any situation (even if misconduct was not intended) which would be open to question or criticism. At no time are romantic relationships to interfere with the assigned work responsibilities of the individuals involved.

- Displays of affection including kissing, hugging, hand holding, cuddling, back massages, being alone unsupervised, and any other behaviors leadership discerns as inappropriate are not acceptable among unmarried couples
- Remember the "rule of 3's". When possible, look for ways to remain in a group of three regardless of gender. If you are alone with someone, you must be in a clearly visible and public area.

### **Substances**

- Camp Attitude has a zero-tolerance policy for alcohol and nonprescribed drugs on the facility grounds. Failure to comply with this rule will result in immediate dismissal from camp property.

## Meals and General Sessions

Promptness to mealtime and general sessions is required. Please be aware of the time and be in the Pavilion when the bell is rung.

- Volunteers are expected to attend and participate in all general sessions. This will help set the tone for our campers.
- All volunteers on camp property on Sunday morning must attend worship service

## Sleeping Areas

Volunteers will be expected to sleep in their assigned areas unless specific arrangements have been made with the director or assistant director. Volunteers are not allowed in rooms or tents that are not assigned to them without permission from leadership. Sneaking out of your assigned sleeping area after "lights out" for anything other than using the restroom is not allowed. Non-compliance with this rule will result in immediate dismissal.

## Cell Phones

It has always been a fundamental desire for Camp Attitude to be a retreat from the distractions and pressures that come from electronics and social media. It is for this reason that all cell phones, iPads, gaming systems, and laptops will be prohibited for student volunteers during the week. It feels unconventional but consider this an incredible opportunity to unplug! You may not get another opportunity like this in your lifetime.

- Buddies and student volunteers will turn in cell phones upon check-in. They will be returned Friday at lunch.
- If you would like to listen to music during the week, please bring a separate music device without internet capabilities (must be OK'd by a leader). Please keep music appropriate.
- If you would like to take photos during the week, please bring a camera. Photos will also be taken by our staff and will be made available to you by the end of the summer.
- Please pack a watch to tell time.
- Only authorized calls will be made from the camp phones.
- If your family needs to contact you during the week, they may call your group leader or Camp Attitude's Executive Director, Stacy Foster at 503-871-1743. All non-emergency messages can be sent to [Stacy@CampAttitude.com](mailto:Stacy@CampAttitude.com).

## Injury or Sickness

The health and safety of our campers and volunteers is a priority for Camp Attitude. Please remember that we are serving many individuals who are immuno-compromised. If you are feeling unwell, please report it to staff leadership and the camp medical team.

- We will follow the Oregon Health Authority's requirements for all pandemic related regulations. At this time, there is no limit to group size, testing, or vaccine requirements
- We will have a qualified nurse and/or doctor at camp during the week. All emergencies or medical questions can be handled by them
- Please report any injury or sickness as soon as possible to the designated camp nurse
- No matter how small, all injuries must be reported to the medical staff

By signing, I represent that I have read pages 5 and 6 of this document, understand its terms, and am signing freely and voluntarily. I vow to uphold the behavior that is expected of me and will act in a manner that is above reproach at all times on Camp Attitude property.

Signature of Student Volunteer \_\_\_\_\_ Date: \_\_\_\_\_

### Camp Attitude Authorization and Liability Release Form

1. I have read the camp Code of Conduct on page 5 and 6 of this document and do agree that I and my family will abide by the rules. If my child(ren) under age 18 are attending without me, I understand that if my child does not abide by the aforementioned code and there is grounds for dismissal, I am responsible for picking them up from Camp Attitude property.
2. I voluntarily assume all risk of injury, damage or loss to person or property of myself and my family while we are on the premises of Camp Attitude and, for myself, my heirs, executors, administrators, and personal representatives. I release Camp Attitude Oregon, Inc., its employees, agents, assigners, or those acting on its behalf, from all claims for injuries, death, damages or losses to my person and property, or my family's person or property, whether known, unknown, foreseen, unforeseen, patent, or latent, which I may have or arise against Camp Attitude Oregon, Inc.
3. I hereby authorize Camp Attitude to use photos or videos taken of me or my child at camp for Camp Attitude promotion and advertising, including but not limited to, print media or camp brochures, articles, and camp website.
4. I authorize the nurse on duty at Camp Attitude to administer first aid as required for illness or injury under the camp physician's orders. In case of an emergency, I understand that every effort will be made to contact me. However, if I cannot be reached, I hereby give permission to secure proper treatment for my child. I also give permission to the Nurse on staff to release pre-prescribed medication, and over-the-counter medication, such as aspirin.
5. I understand and acknowledge the significance and consequence of signing this release. By signing, I represent that I have read this release, understand its terms, and am signing this release freely and voluntarily. If my child attendee is under the age of eighteen (18), I am legally authorized to sign this document on behalf of the minor. If my child is over eighteen (18) but it has been deemed necessary to have a legal guardian, I am legally authorized to sign this release on his/her behalf.

Names of Family members for which I am legal guardian and am signing this release on their behalf:

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Signature on behalf of myself and those named above\*\*:

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Printed Name: \_\_\_\_\_

Relationship to volunteers listed above \_\_\_\_\_

**\*\*Other adults who are attending camp with you and who do not have a legal guardian assigned to them will have to sign this form independently.**

### **Participation in Lake Day with Camp Attitude**

Camp Attitude offers campers and their families an opportunity to spend a day at Foster Lake. "Lake Day" usually takes place on Tuesday late morning into evening. Participating in "Lake Day" is entirely voluntary for campers, families, and staff. Families are responsible for providing their own transportation to and from Foster Lake, about a 10-minute drive away from camp. Staff and volunteers may not ride with camper families. Adult staff and volunteers may provide their own transportation but do so at their own risk and liability and may not transport non-family members. Minors not attending with a parent or guardian will be transported on the Camp Attitude Shuttle bus by a licensed bus driver.

"Lake Day" activities include, but are not limited to the following activities:

- Swimming in the designated swim area on Foster Lake.
- Riding in a Kayak, guided by an authorized guide.
- Riding on a "Pontoon Boat" or "speed boat" operated by the owner and/or an authorized driver.
- Riding on "Jet Skis" or "Wave Runners" driven by boat owners and/or authorized drivers.
- Riding in a "tube" behind a boat.

### **Waiver and Liability Release for Lake Day Participation**

Given the nature of the activities during "Lake Day", there are inherent and acknowledged risks in voluntarily participating in these activities. By signing below, I accept the following terms:

1. During "Lake Day", there are a limited number of professional lifeguards monitoring activities for Camp Attitude. I hereby accept the responsibility to monitor my family members (for parents and guardians attending "Lake Day") and hereby assume all risks associated with swimming in open water and participating in water activities for all Participants.
2. I, as Guardian, declare that I am allowing my child to participate in water activities and be transported to Foster Lake on the Camp Attitude shuttle. I acknowledge that I am aware that there are certain risks involved in these activities and in the conveying of children in a motor vehicle and assume all risk of injury to the Participants. Having read this agreement, and in consideration of participation in "Lake Day", I, as well as my heirs, assigns, and personal representatives, waive, release, and discharge Camp Attitude Oregon, Inc., owners, members, officers, employees, contractors, volunteers, insurers, sponsors, advertisers, suppliers, and agents from all liability, including liability arising from the negligence of persons named in this waiver, with respect to any injury, disability, death, loss and/or damage to property, incurred by a Participant during the Participant's participation in "Lake Day" activities and in transporting them to and from the camp location.
3. Further, I release Camp Attitude Oregon, Inc., and all drivers, operators and owners of any watercraft used by Camp Attitude Oregon, Inc. during "Lake Day", from all claims for injuries, death, damages or losses to my person and property, whether known, unknown, foreseen, unforeseen, patent, or latent, which Guardian(s) and/or Participants may have or arise against Camp Attitude Oregon, Inc. related in any manner whatsoever to the activities (whether listed in the above activities section or not) during "Lake Day".
4. As Guardian, I understand and acknowledge the significance and consequence of signing this release on behalf of the Participants and assume full responsibility for any injury, damage or loss that may incur to myself/ourselves or any Participant as a result of my/our participation in "Lake Day" activities.

Parent or Guardian initial here \_\_\_\_\_



5. I agree to abide by the rules and instructions of the employees, volunteers, members, officers, directors, insurers, agents, contractors, sponsors or otherwise of Camp Attitude, Oregon Inc. during "Lake Day" activities. I also agree to ensure that all members of my family also abide by the rules and instructions of the employees, volunteers, members, officers, directors, insurers, agents, contractors, sponsors or otherwise of Camp Attitude, Oregon Inc. during "Lake Day" activities.
6. In the event I/we or any other Participant suffers an injury of any degree during "Lake Day" activities, I/we agree to immediately notify a volunteer of Camp Attitude, Oregon Inc. of said injury.
7. I understand and acknowledge the significance and consequence of signing this release. If my child attendee is under the age of eighteen (18), I am legally authorized to sign this document on behalf of the minor. If my child is over eighteen (18) but it has been deemed necessary to have a legal guardian, I am legally authorized to sign this release on his/her behalf. By affixing my signature below, I hereby acknowledge that I have the authority to legally bind the Participants to this WAIVER, and to further execute this WAIVER on behalf all Participants.

Names of Family members for which I am legal guardian and am signing this release on their behalf:

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I HAVE READ AND FULLY UNDERSTAND THE TERMS OF THIS WAIVER AND LIABILITY RELEASE. I AM FREELY AND VOLUNTARILY SIGNING THIS AGREEMENT AND UNDERSTAND THAT BY SIGNING IT I AM GIVING UP SUBSTANTIAL LEGAL RIGHTS.

Signature on behalf of myself and those named above\*\*:

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Printed Name: \_\_\_\_\_

Relationship to campers listed above \_\_\_\_\_

*\*\*Other adults who are attending camp with you and who do not have a legal guardian assigned to them will have to sign this form independently.*